

## **STUDENT LUNCH** Balanced and Delicious Menu Options

#### We believe in offering great tasting, balanced food, made from scratch.

We are committed to using fresh ingredients and limit:

- Frozen
- Canned and processed foods (to avoid artificial ingredients and preservatives)
- MSG

## **MENU FEATURES**

Your child will have balanced meal options daily

- The meals include a **variety of options** and encourages your child to learn to **make healthy dietary choices**
- Home-style, international and healthy comfort meals
- Preparation overseen by a professional chef
- Student menu committee
- Locally sourced produce and vegetables

### MAIN LINE ENTRÉE

Features a hot meal that includes two sides:

 Chicken Fried Chicken, Fiesta Steak Bowl, Fresh Steamed and Roasted Vegetables, Pasta Bar, Mongolian Stir Fry, Enchiladas, Homemade Pizzas, Meatless Entrées, and Farm Direct Vegetables

## **GRAB & GO FEATURES**

- Signature Wraps
- Signature Sandwiches
- Beef and Veggie Burgers
- Breaded and Grilled Chicken Sandwiches
- Salad Bar Available Daily



#### EC - 4<sup>TH</sup> GRADE MEAL PLAN DETAILS

#### Choice of:

- Daily Hot Entrée, One Starch and One Vegetable OR
- Deli Sandwich, Chips, and Small Fruit Cup
- Something Sweet: Fresh Cut Fruit

#### 5<sup>TH</sup> - 8<sup>TH</sup> GRADE MEAL PLAN DETAILS

#### Choice of:

- Daily Hot Entrée, Grab & Go Combo, or Deli Sandwich, or Salad Bar
  - Daily Hot Entrée includes One Starch and One Vegetable
  - Deli Sandwich include Chips and Small Fruit Cup
  - Gourmet Sandwich includes Chips OR Small Fruit Cup

\* Meal plans do not include packaged snacks or a la carte purchases.



# 2023-2024 Student Menu Prices & Plans

#### EC - 4TH GRADE: \$5.95 daily | \$978 yearly meal plan (\$87 savings)

✓ EC through 4<sup>th</sup> Grade meal includes choice of:

- Daily Hot Entree or Deli Sandwich
  - Daily Hot Entree includes One Starch Selection and One Vegetable Selection.
    Vegetables can be substituted for a side salad
  - · Deli Sandwich includes Chips and Small Fruit Cup
  - · Salad Bar available daily

#### 5-8TH GRADE: \$6.75 daily | \$1105 yearly meal plan (\$96 savings)

- ✓ 5<sup>th</sup> through 8<sup>th</sup> Grade meal includes choice of:
  - Daily Hot Entree or Deli sandwich
    - Daily Hot Entree Includes One Starch Selection and One Vegetable Selection.
      Vegetables can be substituted for a side salad
    - · Deli sandwich includes Chips and Small Fruit Cup
    - · Specialty premium meals at no additional charge with purchase of meal plan
    - · Salad Bar available daily

Yearly meal plans can be paid in full or in two installments. Yearly meal plan cannot be canceled except for unenrollment of student.

\* Meal plans do not include packaged snacks or a la carte purchases.

#### HOW TO SET UP A CAFETERIA ACCOUNT

Step 1: Visit School Payment Portal

- Step 2: Create an account
- Step 3: Add your student(s) School zip code: 77055
- Step 4: Add funds to each student

#### HOW TO SIGN UP FOR A MEAL PLAN

**Step 1:** Sign in to your School Payment Portal account

Step 2: Select Items & Fees tab at the top

**Step 3:** Choose the appropriate plan per student/grade level

**Step 4:** Choose the student to assign meal plan

Step 5: Add to cart and check out



For links to the School Payment Portal, detailed account setup instructions and more, visit gostmark.org/cafe