## ST. MARK LUTHERAN

## STUDENT LUNCH Balanced and Delicious Menu Options

We believe in offering great tasting, balanced food, made from scratch.
We are committed to using fresh ingredients and limit:

- Frozen
- Canned and processed foods (to avoid artificial ingredients and preservatives)
- MSG


## MENU FEATURES

Your child will have balanced meal options daily

- The meals include a variety of options and encourages your child to learn to make healthy dietary choices
- Home-style, international and healthy comfort meals
- Preparation overseen by a professional chef
- Student menu committee
- Locally sourced produce and vegetables


## MAIN LINE ENTRÉE

Features a hot meal that includes two sides:

- Chicken Fried Chicken, Fiesta Steak

Bowl, Fresh Steamed and Roasted Vegetables, Pasta Bar, Mongolian Stir Fry, Enchiladas, Homemade Pizzas, Meatless Entrées, and Farm Direct Vegetables

## GRAB \& GO FEATURES

- Signature Wraps
- Signature Sandwiches
- Beef and Veggie Burgers
- Breaded and Grilled Chicken Sandwiches
- Salad Bar Available Daily


EC - $4^{\text {TH }}$ GRADE MEAL PLAN DETAILS

## Choice of:

- Daily Hot Entrée, One Starch and One Vegetable
OR
- Deli Sandwich, Chips, and Small Fruit Cup
- Something Sweet: Fresh Cut Fruit


## $5^{\text {TH }}=8^{\text {TH }}$ GRADE MEAL PLAN DETAILS

Choice of:

- Daily Hot Entrée, Grab \& Go Combo, or Deli Sandwich, or Salad Bar

Daily Hot Entrée includes One Starch and One Vegetable
Deli Sandwich include Chips and Small Fruit Cup
Gourmet Sandwich includes Chips OR Small Fruit Cup

* Meal plans do not include packaged snacks or a la carte purchases.


## 2023-2024 Student Menu Prices \& Plans

EC - 4TH GRADE: \$5.95 daily \| \$978 yearly meal plan (\$87 savings)
$\checkmark$ EC through $4^{\text {th }}$ Grade meal includes choice of:

- Daily Hot Entree or Deli Sandwich
- Daily Hot Entree includes One Starch Selection and One Vegetable Selection. Vegetables can be substituted for a side salad
- Deli Sandwich includes Chips and Small Fruit Cup
- Salad Bar available daily

5-8TH GRADE: \$6.75 daily | \$1105 yearly meal plan (\$96 savings)
$\checkmark 5^{\text {th }}$ through $8^{\text {th }}$ Grade meal includes choice of:

- Daily Hot Entree or Deli sandwich
- Daily Hot Entree Includes One Starch Selection and One Vegetable Selection. Vegetables can be substituted for a side salad
- Deli sandwich includes Chips and Small Fruit Cup
- Specialty premium meals at no additional charge with purchase of meal plan
- Salad Bar available daily

Yearly meal plans can be paid in full or in two installments. Yearly meal plan cannot be canceled except for unenrollment of student.

* Meal plans do not include packaged snacks or a la carte purchases.

HOW TO SET UP A CAFETERIA ACCOUNT

Step 1: Visit School Payment Portal
Step 2: Create an account
Step 3: Add your student(s)
School zip code: 77055
Step 4: Add funds to each student

## HOW TO SIGN UP FOR A MEAL PLAN

Step 1: Sign in to your School Payment Portal account

Step 2: Select Items \& Fees tab at the top
Step 3: Choose the appropriate plan per student/grade level

Step 4: Choose the student to assign meal plan

Step 5: Add to cart and check out

## For links to the School Payment Portal, detailed account setup instructions and more, visit gostmark.org/cafe

